



Vista Taos Residential  
Drug & Alcohol Treatment,  
a place to renew your life.

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*"My life is not only better but my entire family is healthier and happier. Vista was one of the greatest experiences in my life and without it I would probably be in the same hole I was in a year ago."*

At Vista Taos Renewal Center, your plan to recovery is designed specifically for you or your loved one. With focused attention and compassion, we work alongside each of our clients during their unique recovery process.

Over our 25 years of providing treatment, we've built a program that can deliver the change, freedom, hope and healing that our clients need to make a long-lasting and sustainable recovery.

# About Us

Vista Taos Renewal Center is a place to renew to your fullest potential. We break the destructive course of addiction and heal the damage it has caused. Since 1994, we've helped those who want to transform their lives – let us help you find recovery through holistic healing.



## Our Addiction Treatment Centers

We offer two levels of residential addiction treatment: Primary Care and Extended Care, both are nationally accredited by CARF. **Vista Taos Renewal Center is our Primary Treatment Program with a full range of medical, therapeutic and complementary therapies.** This private residential treatment center provides a warm and comfortable environment for patients to focus on their recovery. The center provides:

- Semi-private rooms with private baths and patios
- A professional clinical team
- Medical team including an ABAM certified Medical Director
- Exercise facilities
- Three home-cooked meals daily
- Massage therapy, Yoga, Rosen Method and Meditation
- Weekly visits to the local spa and health club
- Weekly spiritual excursions in and around Taos

Through our residential rehab facilities, you have countless opportunities to focus on both intensive treatment and long-term recovery. Our expert staff members will support you mentally, physically and spiritually throughout this process. Through comprehensive treatment and a small staff-to-client ratio, we provide care tailored to your unique needs, resulting in improved outcomes and lasting sobriety.

PROUD MEMBER OF



Our men's and women's programs include:

- Safe living environment
- Individual therapy
- Group therapy
- Educational groups
- Therapeutic activities
- 12-step meetings
- Family involvement





# Our Mission

We are a small family owned substance abuse treatment center that offers a clear path to recovery by providing a comprehensive Medical, Psychological and Spiritual approach. Through a blend of holistic methods, we help you to address your past and build a brighter future.

At Vista Taos Renewal Center, our 4-6 week primary residential treatment program is sensitive to the individual needs of each client. Our accommodations, combined with the daily guidance and support of our staff, inspire clients to begin the journey toward recovery and renewal. Each patient is given a thorough evaluation and is provided with an individualized treatment plan.

## Services available to each patient include:



MEDICALLY SUPERVISED  
DETOXIFICATION



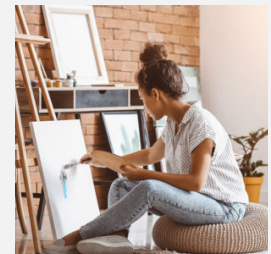
INDIVIDUAL THERAPY



GROUP THERAPY



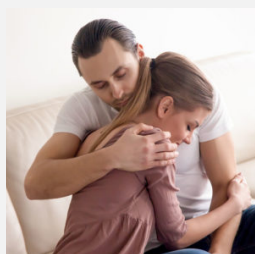
FAMILY THERAPY



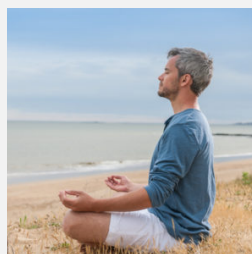
12-STEP CURRICULUM



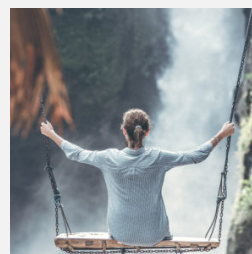
INDIVIDUAL THERAPY



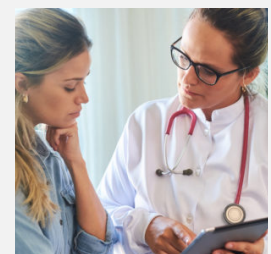
GRIEF AND LOSS  
THERAPY



MINDFULNESS BASED  
RELAPSE PREVENTION



PSYCHODRAMA



PSYCHIATRIC  
CONSULTATION



# Addiction Programs

Rooted in research and industry best practices, our holistic addiction treatment programs provide support for each individual's mind, body and spirit. We provide support along the complete continuum of care, from detoxification to primary treatment to aftercare.



## We'd love to help you plan your treatment

Our **Detoxification, Primary Care and Extended Care programs** are designed to treat each person in a holistic way, providing for support of your emotions, body, mind and spirit. We believe our successful treatment program is distinctive, supported by educational techniques, 12-step orientation, superb ancillary services and a specialized family program. Comprehensive treatment as provided by our professionals continues to be an effective application of best treatment practices.

Our recovery programs focus on the underlying issues that instigate addiction not just on treating an unhealthy behavior.

You have opportunities to focus on both intensive addiction treatment and long-term recovery treatment programs. This includes treatment for many addictions, including drug, alcohol, pharmaceutical drugs, and other addictive behaviors.



### Our Treatment Program Includes:

- Guests at Vista Taos enjoy quality accommodations and dining during their time here.
- Medically Supervised Detoxification
- 12-Step Curriculum and Meetings
- Individual & Group Therapy
- Relapse Prevention Education
- Family Involvement & Support
- Trauma Informed Care
- Grief & Loss Therapy
- Mindfulness Based Relapse Prevention





# Our Recovery Programs

The longer a person spends in addiction treatment, the more positive their outcomes. That's why Vista Taos Renewal Center offers comprehensive extended care programming, ensuring that residents receive daily structure and guided life skills training to prepare them for living life on life's terms.

Receiving treatment at Vista Taos gives you a structured supportive environment to learn the best recovery tools. After the initial admissions process, you will enter our Primary Treatment program, where you will work with a respectful and professional staff on your individualized recovery program.



We have a professional, very experienced staff and look forward to assisting you or your loved one in your recovery program. Our experience has shown that having the family as part of the team increases the success of any intervention.

The Family Program seminars supports recovery by providing opportunities to gain awareness, insight, and healing through interactive and experiential sessions.

During your treatment, you will be involved in our Family Program during which time your family members participate in the recovery program. This is an important part of your treatment program and gives everyone an opportunity to heal.

Our treatment programs do not stop after the initial Primary Treatment. We provide after-care recommendations and a planned program to continue supporting your recovery.

If you feel that more time is needed, we also offer our Casa Feliz Extended Care Program, delivering a highly-structured recovery program to assist with the transition to everyday living. Our holistic treatment programs support spiritual and emotional growth, along with providing tools to recover from addictive behaviors.





# Financing Treatment

Vista Taos Renewal Center has connected with a wide variety of insurance providers in order to make treatment affordable for as many people as possible. We also offer financing options and accept certified checks, cash, credit cards or wire transfers.



## Contact us for more details

We understand it can be difficult to want treatment, but not have the financial means to pay for it. We are a high-level care facility that places a considerable amount of attention on its clients. As such, we have to charge for our services, and there are financial options that make treatment attainable. We accept many forms of payment including **certified checks, cash, credit cards, or wire transfers.**

Vista Taos directly contracts with **Blue Cross Blue Shield, UnitedHealthcare, Presbyterian Insurance of New Mexico, and New Mexico Health Connections.** We also will gladly contact your insurance company to see if you have out-of-network benefits applicable to addiction treatment. [We will work with your insurance company to determine applicable benefits and discuss short and long term financing options.](#)







## Testimonials

At Vista Taos Renewal Center, our primary goal is to make a difference in the lives of our clients. We love hearing your feedback and have compiled some of our favorite testimonials below. If you'd like to hear more about our outcomes, please contact our admissions office today.

"You have given me the tools to be sober. You have also given me knowledge of my disease and why I act out the way I do. I feel my soul has been cleansed. I know you have helped to change my life forever."

"My life without substances is much better. Each day is not a cake walk. But as I "came to believe" when I accepted treatment (after the intervention), there is a better way to live. Living without the substances is only a beginning. Now I am living LIFE without them!"



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"I had a life changing psychodrama experience while at Vista. I see those sessions as invaluable to those who are willing. You have an uncanny ability to assess patients and subject matter that are hot topics at that moment".





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